

## **Executive MBA in Agile Business coaching – Business Leadership (Includes personal wellbeing with emotional impacts)**

### **Practitioner level**

**Executive MBA in Agile Business coaching** in Agile Business Coaching in Business Leadership with a focus on Personal Wellbeing and Emotional Impacts in a Global Business Setting requires an integrated, interdisciplinary approach. Below is a structured outline to guide the creation of such a diploma program, aligned with contemporary needs in leadership, agile practice, wellbeing, and global cultural intelligence.

### **Program Title:**

**Executive MBA in Agile Business Coaching: Business Leadership, Wellbeing & Emotional Intelligence in a Global Context**

**Coaching hours: 65 hours (30hours coaching, 10 hours mentoring and supervision, 25 hours peer coaching – self-pace)**

**1 hour per sessions 1 to 2 times per weekly**

Complete within 6 to 9 months. Then proceed for submission recording to IAC/EMCC/AC/ICF

### **Program Aims:**

1. Equip business leaders and coaches with agile leadership coaching capabilities.
2. Integrate wellbeing practices to manage emotional impacts in leadership roles.
3. Cultivate global cultural agility and emotional intelligence for resilient leadership.
4. Promote sustainable, ethical, and human-centered leadership practices.

### **Target Audience:**

- Senior Leaders, Executives
- Agile Coaches, Business Coaches
- HR / L&D / OD Professionals
- Change Agents / Transformation Leads
- Consultants in global organizations

## Core Competency Areas:

### 1 Agile Business Coaching Fundamentals (Mastery 1 to Mastery 9)

- Agile Mindset for Business Leaders
- Coaching Competencies (ICF/EMCC aligned)
- Coaching Agile Transformations at Leadership Level
- Systems Thinking in Agile Business Environments

### 2 Business Leadership for Complex, Adaptive Systems

- VUCA & BANI Contexts in Global Business
- Leading Through Change and Uncertainty
- Enterprise Agility & Adaptive Leadership Practices
- Servant, Authentic, and Ethical Leadership in Agile Contexts

### 3 Personal Wellbeing & Emotional Impact

- Emotional Intelligence (EQ) for Leadership
- Psychological Safety, Burnout Prevention
- Self-Regulation, Resilience, and Self-Compassion
- Integrating Mindfulness & Somatic Practices into Leadership
- Reflective Practice for Sustained Wellbeing

### 4 Global & Intercultural Leadership

- Cultural Intelligence (CQ) in Global Teams
- Navigating Global Emotional Norms and Expectations
- Managing Diversity, Equity, and Inclusion (DEI) in Agile Business
- Communication Across Cultures Under Stress

## Program Structure (Example Modular Pathway):

<b>Module No.</b>	<b>Module Title</b>	<b>Key Focus</b>
1	<b>Agile Coaching for Leadership</b>	Coaching foundations, agile frameworks, leadership mindset shifts
2	<b>Systems Leadership in Complexity</b>	Systems thinking, adaptability, global complexity
3	<b>Leadership Wellbeing &amp; Emotional Intelligence</b>	Psychological safety, EQ, personal wellbeing, resilience strategies
4	<b>Emotional Dynamics in Global Business</b>	Managing emotions cross-culturally, stress management in high-stakes environments
5	<b>Strategic Coaching for Sustainable Leadership</b>	Sustainable leadership practices, stakeholder engagement, ethics
6	<b>Integrated Practice Project / Supervised Practicum</b> <b>Strategic Coaching for Sustainable Leadership (Active Listening)</b>	-Action learning, real-world coaching intervention, reflective practice -Communication in a structure ways
7	<b>Agile Business Coaching to Evoke Awareness in Business Leaders</b>	-Gain deeper insight within coaching mindset
8	<b>Facilitate Client Growth</b>	-How a Coach Facilitates Client Growth in Agile Business Coaching — Business Leadership

#### **Assessment Methods:**

- ✓ Reflective Journals
- ✓ Supervised Practice Logs
- ✓ Peer Coaching Reviews
- ✓ Live Coaching Demonstrations

- ✓ Personal Wellbeing and Leadership Impact Portfolio
- ✓ Final Integrated Coaching Case Study (with wellbeing metrics)

### **Key Learning Methods:**

- Experiential Workshops
- Case Studies (with global / cross-cultural scenarios)
- Action Learning Sets
- Reflective Supervision (1:1 & Group)
- Peer Communities of Practice
- Somatic & Mindfulness Practices Integration

### **Professional Standards Alignment:**

- ICF / EMCC Coaching Competencies
- Agile Alliance / Scrum Alliance Leadership Principles
- ISO 45003: Psychological Health & Safety
- WHO Healthy Workplaces Framework
- Cross-Cultural Competence Models (Hofstede, Trompenaars, GLOBE)

### **Outcomes & Impact:**

Graduates will be able to:

- ✓ Coach global leaders to lead adaptively in complex systems.
- ✓ Address the emotional and wellbeing needs of leaders and organizations.
- ✓ Foster agile cultures grounded in psychological safety and inclusion.
- ✓ Lead with cultural sensitivity and emotional agility.
- ✓ Integrate ethical, sustainable practices within agile business transformations.

### **Next Steps for Development:**

1. Validate needs through market research and advisory board of practitioners.
2. Design curriculum with cross-disciplinary experts (Agile, Coaching, Psychology, Wellbeing).
3. Develop assessment frameworks aligned with professional coaching bodies.
4. Pilot with a small cohort, refine through feedback.
5. Partner with professional bodies for recognition / CPD accreditation.