

Professional Diploma in Team and Group Leadership Supervision

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Overview

The Professional Diploma in Team and Group Leadership Supervision is a comprehensive qualification designed for experienced professionals, coaches, supervisors, and team leaders seeking to deepen their capabilities in leading, facilitating, and supervising high-performing teams and groups. This program provides advanced frameworks, practical tools, and reflective approaches to empower ethical, sustainable, and psychologically safe team leadership in today's complex work environments.

Program Objectives

Participants will:

- Develop advanced knowledge of team dynamics, group supervision models, and leadership styles.
 - Learn to supervise and support team performance, development, and wellbeing.
 - Explore systemic thinking and reflective practice to build stronger team cultures.
 - Apply evidence-based tools for coaching, mentoring, and team supervision.
 - Enhance their ethical leadership capacity and emotional intelligence in team settings.
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Key Learning Modules

1. Foundations of Group and Team Supervision

- Group dynamics, roles, and boundaries
- Supervisory competencies and ethical standards

2. Leadership Theories in Practice

- Transformational, distributed, and servant leadership
- Leading in complexity and change

3. Models and Frameworks for Team Supervision

- Hawkins' 7-Eyed Model
- CLEAR, GROW, and systemic team coaching models

4. Psychological Safety and Group Trust

- Managing difficult conversations
- Building inclusion and collaboration

5. Reflective Practice and Feedback

- Use of Gibbs, Johns, and Kolb in supervision
- Cultivating continuous improvement in teams

6. Ethics, Power and Boundaries

- Managing authority, confidentiality, and dual roles
 - Supervisory presence and integrity
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Practical Components

- Live team supervision labs
 - Peer group supervision
 - Case study presentations
 - Reflective journals and supervision logs
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Who Should Enroll?

This diploma is ideal for:

- Team leaders and department heads
 - Coaches and mentors seeking supervision skills
 - HR and L&D professionals
 - Supervisors in clinical, educational, or business settings
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Accreditation & Certification

- Awarded by a SHG Academy
 - Meets CPD requirements for leadership, coaching, and supervision
 - Can lead to professional registration (e.g., AC, EMCC, ICF, AoCS supervision pathways)
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Duration and Delivery

- Duration: 6–12 months (modular or intensive)
- Delivery Mode: Blended (online + face-to-face), or fully online
- Assessment: Portfolio, case study, final project, and reflective practice journal